



Umbrella Rainbow Group
Tuesday at 7pm
**In person and by ZOOM*

Umbrella is pleased to offer a new recovery support group for individuals that are part of the LGBTQ2S+ community.

We know that addiction affects people who identify as LGBTQ2S+ at a higher rate, and Umbrella understands the importance of a safe space to offer support and connection. Starting December 8, our facilitators Braelynne and Theo bring their knowledge, passion and lived experience to this weekly group.

** Due to COVID, we have a limit of 6 participants in person. To secure a spot, you MUST register the day of the group, before 1pm and agree to Umbrella COVID protocols. All others will be invited to join the group by ZOOM (group details at www.umbrellasociety.ca).*